Sundaram Medical Foundation

DR.RANGARAJAN MEMORIAL HOSPITAL

CAN-STOP

CANCER - SUPPORT THERAPY









JULY 2026

Community Service Department Monthly Report

FREE MEDICAL CAMP

The Rotary Club of Madras, in collaboration with Sundaram Medical Foundation, organized a Free Medical Camp on **Thursday 30th July, 2026,** at His/Her Place, T. Nagar, Chennai, from **3:00 PM to 6:00PM.**

SERVICES PROVIDED

- BP Check
- Blood Glucose (CBG)
- General Screening







The camp provided essential healthcare services including BP, CBG, and general health screening. The medical team addressed common health concerns such as **diabetes, anemia, body pain, and seasonal ailments,** while also emphasizing the importance of routine health check-ups and preventive care.

MAKING A DIFFERENCE

105
PEOPLE BENEFITTED

Rs. 5,200
WORTH OF FREE MEDICINES WERE DISTRIBUTED

This medical camp is being supported by
Sundaram Finance Limited

FREE MEDICAL CAMP @ SAP SCHOOL





A Medical Camp was organized on Thursday, 9 July and Tuesday, 14 July, 2026 at Adi Dravidar Tribal Welfare School, Thirumangalam, Chennai, from 10:00 AM to 1:00 PM.







A total of 145 students benefited from the camp. Services included general health check-ups, dental screening, ENT consultations, BP and CBG screening, and pediatric consultations.

The camp aimed to promote preventive healthcare and support the early detection of health issues among students.

TOTAL OF

145

STUDENTS BENEFITTED

PLASTIC WASTE MANAGEMENT

The Tamil Nadu Pollution Control Board (TNPCB) launched an initiative to educate students about the environmental impact of plastic.

In support of this initiative, Sundaram Medical Foundation's Community Service Department, in partnership with Bisleri's CSR initiative, implemented the Plastic Zero Waste Management Program.

As part of this campaign, 90 kg of plastic waste was collected and recycled in July 2026 with the support of SMF staff, marking a promising start to the initiative.



YOGA SESSION







Regular yoga classes were organised for Grades 6 to 9 at Adi Dravidar Tribal Welfare School (SAP School) as part of a wellness drive.

CANSTOP volunteer Mrs. Selvam led the sessions, held every Tuesday.

The initiative promoted a balanced lifestyle, boosting students' focus, self-control, and mental clarity, and contributed to their overall development

REACH FOUNDATION

IN THE MONTH OF JUNE 2026,

25 BENEFICIARIES HAVE UTILIZED THE TUBERCULOSIS INTERVENTION SERVICES.



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CRAFT

ART AND PLAY THERAPY

Regular Art and Play Therapy sessions were conducted for pediatric cancer patients and their families at the Institute of Child Health, Egmore.

The sessions included art, craft activities, and fun games to keep the children engaged and happy during their hospital stay.

The activities helped reduce stress, encourage participation, and create a positive environment for the children and their families.





ROSE GARDEN @ IOG HOSPITAL EGMORE







NUTRITION PROJECT

CAN-STOP visits the Institute of Obstetrics and Gynecology, the Government Hospital for Women (IOG), and the Institute of Child Health and Hospital (ICH) regularly to boost their nutrition and provide regular counseling for the patients.





Tender Coconut Worth of Rs 36,860/- were distributed in the month of July, Totally 480 People Benefited

Pediasure Worth of Rs 10,900/- were distributed in the month of July, Totally 468 Children Benefitted.



CAN - NEST HOME

In the month of July 2026, a total of 213 families stayed at Can-Nest Home, where the children in the home were engaged through various activities and games with the help of volunteers and social workers .



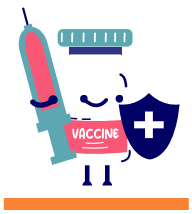
213
FAMILIES

DRUG BANK



During the month of July 2026, we provided emergency vaccine support to 3 Children, A total amount of Rs.13,387/- was utilized to support the beneficiaries.





HOPE CHEST



CANSTOP's Hope Chest initiative provides essential supplies to cancer patients and their caregivers at IOG and ICH, helping them manage their daily needs with greater ease and comfort. In July 2026, a total of 5 families benefited from this support.

Things that are available at HOPE CHEST

Sarees,	Toys,
Bedsheets,	Books,
Nighties,	Pillows,
Petticoats,	Tiffen Boxes,
Sandals,	Kettles,
Slippers,	Flasks,
Towels,	Water bottles,
Toiletries,	Kitchen utensils & appliances

DONATE ♥



Join us and make your contributions to the cancer patients at Govt. Hospitals.



SPONSOR DETAIL

SPONSORS	PROJECT	AMOUNT
MR DAYACHAND MALHOTRA	CANNEST	20,000/-
MS INDUMATHI VASUDEVAN	CANNEST	1,000/-
MS VIJAYA MAHENDRAN	CANNEST	1,000/-
MS PUNITHA SRIDHAR	DRUG BANK	500/-
MS VIJAYA KUMARI	DRUG BANK	500/-
MR SUNDAR PRASAD	DRUG BANK	500/-
MS NEETHU	DRUG BANK	500/-
MS PRIYA AMBARI	DRUG BANK	500/-
Grand Total		24,500/-

IN- KIND SPONSOR DETAILS

SPONSORS	PARTICULARS	WORTH IN RUPEES
MS DARSHANA	Oil 20 ltr, Moongdal 10kg, Sambar dal 10kg, Rawrice 25kg, White urad gram 10kg, Idly rice 25kg	9000/-
CENTURY FLOUR MILL	Rava - 25 kg, Wheat Flour - 25kg	6,925/-
CHENNAI FOOD BANK	Boiled rice 70kg & Provision	3,500/-
MS SELVAM	Garlic - 2Kg	600/-
T K SRINIVASAN	Vegetables	4,000/-
Grand Total		24,025/-

VOLUNTEER CONTRIBUTION

The CANSTOP Team extends heartfelt gratitude to our devoted volunteers. Your unwavering commitment, resolute spirit, and uplifting energy have been the driving force behind the success of our initiatives.

Volunteers - Ms Selvam, Ms Vijaya Mahendran

HELPLINE SERVICES

Totally 210 calls were received in the CAN-STOP Help line number
200 Calls for ABC Interschool Competition
05 Calls for Counseling
05 Calls for Blood request at Government Hospital

For your kind contribution:
CAN-STOP is eligible for 50% Tax Exemptions under Section 80G of Income Tax Act. Cheques can be drawn in favour of CAN-STOP

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FOR MORE INFORMATION
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